

| Time | Race | Div | Left Lane | Right Lane | Heats | Judge |
|-------|------|-----|-----------------------------|-----------------------------|-------|-------|
| 08:30 | 1 | 1 | Berwick Bladerunners | Hot Dogs | 3 | Ian |
| 08:36 | 2 | 2 | Frankston Storm Hailstorms | Frankston Storm Typhoons | 3 | |
| 08:42 | 3 | 4 | Moorabbin Mod Squad | Hastings Hit & Run | 5 | |
| 08:50 | 4 | 3 | Frankston Storm Cyclones | Cheese Dogs | 5 | David |
| 08:58 | 5 | 4 | T'Keilor Gold | Eastside Flyer Wagtails | 5 | |
| 09:06 | 6 | 4 | Wondogs Point Break | Corn Dogs | 5 | |
| 09:14 | 7 | 5 | Ballarat Eureka Troopers | Berwick Blitz | 5 | Josh |
| 09:22 | 8 | 6 | Croydon NQR | Hastings Hit & Rush | 5 | |
| 09:30 | 9 | 6 | Wondogs Hang 5's | Frankston Storm In a Teacup | 5 | |
| 09:38 | 10 | 1/2 | Altona Golden Arrows | Berwick Bladerunners | 3 | Ian |
| 09:44 | 11 | 1/2 | Hot Dogs | Frankston Storm Hailstorms | 3 | |
| 09:50 | 12 | 3 | Berwick Blaze | Frankston Storm Cyclones | 5 | |
| 09:58 | 13 | 4 | Hastings Hit & Run | T'Keilor Gold | 5 | Josh |
| 10:06 | 14 | 4 | Wondogs Point Break | Moorabbin Mod Squad | 5 | |
| 10:14 | 15 | 5 | Altona Flying Arrows | Ballarat Eureka Troopers | 5 | |
| 10:22 | 16 | 6 | Hastings Hit & Rush | Frankston Storm In a Teacup | 5 | David |
| 10:30 | 17 | 6 | Croydon NQR | Wondogs Hang 5's | 5 | |
| 10:38 | 18 | 2 | Altona Golden Arrows | Frankston Storm Typhoons | 3 | |
| 10:44 | 19 | 1/2 | Berwick Bladerunners | Frankston Storm Hailstorms | 3 | Josh |
| 10:50 | 20 | 3 | Berwick Blaze | Cheese Dogs | 5 | |
| 10:58 | 21 | 4 | Moorabbin Mod Squad | T'Keilor Gold | 5 | |
| 11:06 | 22 | 4 | Corn Dogs | Eastside Flyer Wagtails | 5 | David |
| 11:14 | 23 | 5 | Berwick Blitz | Altona Flying Arrows | 5 | |
| 11:22 | 24 | 6 | Frankston Storm In a Teacup | Croydon NQR | 5 | |
| 11:30 | 25 | 2 | Frankston Storm Hailstorms | Altona Golden Arrows | 3 | Josh |
| 11:36 | 26 | 6 | Hastings Hit & Rush | Wondogs Hang 5's | 5 | |
| 11:44 | 27 | 1/2 | Hot Dogs | Frankston Storm Typhoons | 3 | |
| 11:50 | 28 | 3 | Cheese Dogs | Frankston Storm Cyclones | 5 | Ian |
| 11:58 | 29 | 4 | Eastside Flyer Wagtails | Wondogs Point Break | 5 | |

LUNCH BREAK - LUNCH TIME TRAINING

| | | | | | | |
|-------|----|-----|-----------------------------|-----------------------------|---|-------|
| 13:06 | 30 | 4 | Corn Dogs | Hastings Hit & Run | 5 | Ian |
| 13:14 | 31 | 5 | Berwick Blitz | Ballarat Eureka Troopers | 5 | Josh |
| 13:22 | 32 | 6 | Frankston Storm In a Teacup | Wondogs Hang 5's | 3 | |
| 13:28 | 33 | 6 | Hastings Hit & Rush | Croydon NQR | 3 | |
| 13:34 | 34 | 1/2 | Berwick Bladerunners | Frankston Storm Typhoons | 3 | Ian |
| 13:40 | 35 | 1/2 | Altona Golden Arrows | Hot Dogs | 3 | |
| 13:46 | 36 | 3 | Frankston Storm Cyclones | Berwick Blaze | 5 | |
| 13:54 | 37 | 5 | Ballarat Eureka Troopers | Altona Flying Arrows | 5 | Josh |
| 14:02 | 38 | 6 | Frankston Storm In a Teacup | Hastings Hit & Rush | 3 | |
| 14:08 | 39 | 6 | Wondogs Hang 5's | Croydon NQR | 3 | |
| 14:14 | 40 | 1 | Hot Dogs | Berwick Bladerunners | 3 | David |
| 14:20 | 41 | 2 | Frankston Storm Typhoons | Frankston Storm Hailstorms | 3 | |
| 14:26 | 42 | 3 | Cheese Dogs | Berwick Blaze | 5 | |
| 14:34 | 43 | 5 | Altona Flying Arrows | Berwick Blitz | 5 | Ian |
| 14:42 | 44 | 6 | Wondogs Hang 5's | Hastings Hit & Rush | 3 | |
| 14:48 | 45 | 4 | Moorabbin Mod Squad | Corn Dogs | 5 | |
| 14:56 | 46 | 6 | Croydon NQR | Frankston Storm In a Teacup | 3 | David |
| 15:02 | 47 | 4 | T'Keilor Gold | Wondogs Point Break | 5 | |
| 15:10 | 48 | 1/2 | Berwick Bladerunners | Altona Golden Arrows | 3 | |
| 15:16 | 49 | 1/2 | Frankston Storm Hailstorms | Hot Dogs | 3 | Josh |
| 15:22 | 50 | 5 | Ballarat Eureka Troopers | Berwick Blitz | 3 | |
| 15:28 | 51 | 3 | Frankston Storm Cyclones | Cheese Dogs | 3 | |
| 15:34 | 52 | 2 | Frankston Storm Typhoons | Altona Golden Arrows | 3 | David |
| 15:40 | 53 | 1/2 | Frankston Storm Hailstorms | Berwick Bladerunners | 3 | |
| 15:46 | 54 | 4 | Hastings Hit & Run | Eastside Flyer Wagtails | 5 | |
| 15:54 | 55 | 3 | Berwick Blaze | Frankston Storm Cyclones | 3 | Ian |
| 16:00 | 56 | 4 | Corn Dogs | T'Keilor Gold | 5 | |
| 16:08 | 57 | 5 | Altona Flying Arrows | Ballarat Eureka Troopers | 3 | |
| 16:14 | 58 | 1/2 | Frankston Storm Typhoons | Hot Dogs | 3 | David |
| 16:20 | 59 | 4 | Eastside Flyer Wagtails | Moorabbin Mod Squad | 5 | |
| 16:28 | 60 | 2 | Altona Golden Arrows | Frankston Storm Hailstorms | 3 | |
| 16:34 | 61 | 3 | Cheese Dogs | Berwick Blaze | 3 | Josh |
| 16:40 | 62 | 4 | Wondogs Point Break | Hastings Hit & Run | 5 | |
| 16:48 | 63 | 5 | Berwick Blitz | Altona Flying Arrows | 3 | |
| 16:54 | 64 | 1/2 | Hot Dogs | Altona Golden Arrows | 3 | David |
| 17:00 | 65 | 1/2 | Frankston Storm Typhoons | Berwick Bladerunners | 3 | |